
Mental Health Planning & Advisory Council

Vision
Plan, Advocate, Evaluate

Mission
*To advocate for a system that supports persons
impacted by mental disorders on their journeys
to achieve the highest quality of life possible by
promoting evidence-based, cost-effective,
individualized mental health services.*

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Mental Health Planning and Advisory Council
SeaTac Holiday Inn Express Hotel & Suites
19621 International Blvd, SeaTac
April 11, 2007, 9:30 – 3:30
MINUTES

PRESENT: Joann Freimund, Cathii Nash, Nanette Baker, Caryn Horn for Annie Conant, Doug Johnson, Thressa Alston, JoEllen Woodrow, Rick Crozier, Tom Saltrup, Roger Bauer, Traci Adair, Dan Clements, Russ Hammond, Eleanor Owens, Danny Eng, and Vanessa Lewis

GUESTS: Richard Kellogg, Director, Mental Health Division
Ken Stark, Director, Transformation Grant
Diana Eschenbacher

EXCUSED: Brett Lawton, Cheri Dolezal, BJ Cooper, Becky Bates, Lenora Warden, Ron McCoy, Joanne Groves, Diana Jaden-Catori, and Steve Norsen

UNEXCUSED: Marie Jubie, Barb Putnam, Cindy Ashley-Nelson, and Mary Christine

I. INTRODUCTIONS

II. COUNCIL BUSINESS

- A. Review and vote on March 14th Council Minute
Roger moved to accept minutes, Seconded and approved, 1 Abstention.
 - B. Review Pending Action Items – include letters - Completed
 - C. MHD's System Transformation Initiative – review info in packet.
 - 1. First meeting was Oct 06, fulfilling the mandated that were generated from the 2006 legislature. Focus is on 5 dif areas (see pages 13-62 of Council packet)
 - 2. Next meeting is April 19th, 2007 at the Embassy Suites.
 - 3. Joann will go to the June meeting
- ACTION ITEM: Council will review final draft report of STI in June/July.
- 4. The Council has a hard time being on the leading edge, we review and recommendations at end of the report writing process. What is the process each member can do to make an input for recommendation?
Cathii suggested review processes in a matrix form. We need to break down silos.
 - 5. Are consumers or family members being involved in STI?
 - a. Joann sees about 2 out of 30
 - 6. Erin Peterschick: Motion to form a Council Ad Hoc subcommittee to develop a set of criteria (or matrix) to review the STI final draft report. Seconded by Cathii Nash.

The Ad Hoc sub will make recommendations to the Council on what needs to be addressed in the large report

- a. Roger B: the Council needs a formal mechanism to review and diagnosis reports and documents for clarity.
- b. Doug Johnson: Suggested the P/P subcommittee review draft reports and make recommendations to the Council.

Amendment in Motion: Erin Peterschick agrees with the friendly amendment to have the P/P make the reviews.

ACTION ITEM: The MHPAC P/P subcommittee will develop a mechanism/matrix/mythology to review any documents that come to the Council including but not limited to STI report Implementation reports, etc.

PASSED UNANIMOUSLY

- D. MHD's update on the Grievance/Complaint procedures – see packet
Fran Collison, fiscal and Steve Norsen, MH Services are co-chairs

ACTION ITEM: Place monthly on council agenda to review where they are with the grievance/complaint process.

- E. Updates from Subcommittees on MHPAC's Annual Project of RSN/FBG contracts
1. OATS review: Older adult programs are only 6% of FBG dollars, only three RSN have older adult programs.
 2. Doug Johnson SMS: Stated the MHD needs to provide guidance for cultural considerations.
 3. The state is moving ahead but MHD is behind what the rest of the state is doing legislatively.
 4. Thressa's note from Chair of EMAC: meeting this Friday and will submit to MHPAC a report at the first of next week.

ACTION ITEM: Check with Ronda Kenney for packet of proposals RSN/FBG contracts to MHPAC's Adult Consumer Subcommittee.

- F. Update on Ad Hoc Subcommittee
1. Bylaws Revisions Cindy & Doug co-chairing NOT COMPLETED
 2. Nominating Report from Nomination Committee proposing Rick Crozier as Vice Chair, Cathii Nash as Chair in June meeting, serve until another Nominating Committee proposal in Aug and Council votes in Nov for the new Chair and Vice Chair.

Roger Bauer: Moved acceptance of the proposal for Interim Chair and Vice Chair, Seconded, Approved Unanimously

- G. Six Council members to the Washington, D.C. SAMHSA Conference
1. Rhonda Kenney needs names of the 6 attendees by COB Friday, April 13 in order take care of registration.
 2. NAMES: Cathii Nash, Rick Crozier, Eleanor Owens, Roger Bauer, Joanne Groves, and Brett Lawton

- H. Membership – Vacancies
1. 1 parents with SED minors
 2. 2 members for second 3-year term
 3. Consumer 2 adult consumer vacancies
 4. Advocate - one vacancy

ACTION ITEM: Set up interviews and conference calls during P/P meeting on May 2, 07

- I. Clarification on what the Council wants to follow-up with Dr. Judy Hall - not dealt with
- J. Program & Planning and other subcommittees – reviewed reports in packet
- K. Olmstead Grant

Handout regarding the New Freedom (Formerly Olmstead) Grant

ACTION ITEM: Chair will write a letter of support the spirit of the New Freedom Grant but proposal needs to address continuity of appropriate treatment, ongoing rental assistance beyond the first month, housing recommendations.

III. In preparation for the Council discussion on its 2-14-'07 commitment to become involved in the MHD budgetary process, Ken Stark, Director of the Transformation Grant will be discussing other Divisions, Departments and Legislature budgets in relation to transforming the system.

- A. Joann's recommendation is go back to original goals 1. Education of children, 2. Supported employment for Adults, 3. Meaningful activities for adults 4. Homeless
- B. Ken Stark: Update of Activities
 - 1. Tribal: Governor Booth signed a Centennial Accord with the Tribes.
 - 2. DSHS has an Indian Policy Advisory Council and requires a 7.01 plan advising how to work with tribes.
 - 3. MHD has been under great pressure for years because the Tribes don't feel RSNs are giving the tribes adequate resources.
- C. Resources: Where do we as a Council fit in? Can the Council become advisory for more than just the Block Grant? Need to understand the protocols. Council needs to be clear what they want.
- D. Ken Stark – Handout discussion on the Transformation Project review and discussion on legislation process and bills.
Read the section titled, Major Year two accomplishments – overview (through 3/15/2007) Attachment ties all sections together.

IV TRAININGS: Recovery and resiliency trainings
Soon a web-based Cultural and competency training program
Crisis Intervention Training (CIT), criminal justice training “train the trainer”

****Idea: Recommendation of stigma target of hospital ERs**

IV. Discuss Robin Arnold-William's information on the budget process timelines.
MHD presentation on the Division's budgetary process.

V. Richard Kellogg, Director of MHD – WA State Budgeting process Handout

- 1. Every two years is the biennial budget (odd years) Supplemental budget means mid-year of that biennium (even years)
Everybody in DSHS is the entities: DD, HRSA, MHD, DASA, etc.
- 2. The Biennial Budget Cycle (2009—2011)
- 3. Budget process starts in the spring a few weeks after legislation is over.
- 4. Key time to get input to spend new money is spring.
- 5. Attach your interest to the data. Data gets funded, aspirations don't get funded.
- 6. Point: to make recommendations attach it to a baseline to measure and cost it out.
Richards Equation
ACTION ITEM: Richard will send this formula to Joann via email
- 7. Have a value, aspirations, goal, problem then formulate it to the maximum extent, program model and costs.

8. Ken Starks discussed the database with info from several databases and silos into one. Track cross systems
 - a. What's the name of this database? RDA database - Integrated database funded by the MH transformation project. The MH transformation project funds and updates this RDA database. Once the Transformation project is over the RDA database will need to be funded for maintenance.
 - b. 2 key things: 1.) By the time the state agencies submit anything there is a huge amount of work. 2.) The mental health waiver is driven by current illegible recipients that are based on a forecast of all Medicaid eligible recipients. (Total number of recipients)
9. How could the council best utilize their time in interfacing? You all need to think about what you want to see funded in the mental health system.
 - a. Have a vision if you had X number of new dollars and how would you want it spent. What are your priorities?
 - b. Don't give up hope we don't ask for money in the Supplemental.
10. Question: How can the Council influence MHD policy through the eyes of our interest.
 - a. Like Robin suggested, be connected with the vision of other advisory entities
 - b. We need dialog on DDD, MH, Long-term care, ethnicity, etc. All entities are all in Silos and don't get buffed up with the big picture.

VI. Discussion, decisions and timelines on how the Council is going to implement this project.

- A. Richard's recommendation: At May's meeting, latest July, get together maybe get a facilitator, to prioritize what the Council wants to fund. What new priorities does the Council want to use next year. Come up with dollar amount and data for each priority.
 - a. Richard and Ken can help us with most of the data requests.
- B. 13 million in the Governor's budget this year. MHPAC tagged suggestions with MHD support think somewhere around the maximum of 3 million dollars. Small amounts don't get funding,
 - a. Spend all 3 mil in one area or divide it into the 4 goals?
- C. Guidelines:
 1. Set MHPAC priorities: Employment, education for Children, meaningful activities for elderly and housing.
 2. As the council goes thru prioritization maybe build a pilot. Get involved in evaluation building.
 3. Pilots work in this state and they are attractive to the legislature.
 4. Ken suggested getting a copy of the decision packages format from Richard. Most helpful to MHD since MHPAC and MHD will then be using the same format and MHD won't need to re-write the Council's budget proposal. This format will also help the Councils way of thinking.

VII. 2-14-'07 Council Project --Collaboration with other DSHS Councils/Boards

- A. Review Robin Arnold-Williams information (packet #)
- B. Formulate a timeline and methodology of implementation.

VIII. CONCLUSION:

- A. At the May meeting when we formulize the budget will decide on when the Council wants to contact the other advisory groups.

ACTION ITEM: Joann will write a letter to Chairs of 4 advisory groups for a copy of their charters/bylaws/visions/missions

3:00 MHD Report

A. OCA recruitment and process

1. OCA is in the recruitment process, closed May 18
2. Interviews will occur on June 7
3. The Council said they would like a member on interview panel for OCA director.

ACTION ITEM: Appoint a MHPAC consumer member to be on the OCA interval panel.

4. Sandy would be better suited with the Children's then OCA
5. Marianne Neff-Daniels will be out of the OCA office.
6. There will be two more positions in the OCA office.

ACTION ITEM: Richard will send out the OCA job announcement to MHPAC.

B. Amy Besel's replacement, Judy Gosney and Ronda Kenney, need to address the timeline for RSN's FBG contracts for 2008 and how the Council will be involved.

C. MHD's Supported Employment Conference- July

ACTION ITEM: Follow up with the MHD on who is RCW and WAC person.

3:30 ADJOURN

The next MHPAC Meeting will on Wednesday, May 9th, 2007 at the SeaTac Holiday Inn Express from 9:30 until 3:30.

Please be sure to make airline travel/hotel arrangements at least two weeks ahead via email to Christina Carter at cartecc@dshs.wa.gov.